



What's Next?

OFCONV BASKETBAU

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Celebrate!

#wearedjo.

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Pve Been Knighted.

Meet Your Classmates Join us for the 8th grade dance, a tradition sponsored by our senior class

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Register

through our admissions portal. Starting February 27



Select Your Courses

Once your registration is complete parents will receive an email with instructions for course selection

Come to Your "First Knight" Parents and registered students join together in celebration. Meet your classmates and receive a printout of your course request Thursday, March 12 from 6-7:30 p.m.

Friday, March 20 from 7-10 p.m.



Our mission is to provide students with an education rooted in the life 14 of Christ and to foster the pursuit of excellence in the whole person. Founded by six local parishes in 1957, Bishop O'Connell High School rounded by Six local parisies in 2007 Distribution comments in an analysis of the serve the rapidly growing suburban Catholic population was unit to serve the rapitity growing subtraction outcome providence in the Washington, D.C. area. The spiritual atmosphere at O'Connell is In the washington, but allow the spin turn attices provide att Heart of Mary, who have served our students and families since our

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We're Here to

Court hesitate to reach out with any questions Destination of reaction of the second of the that we can assure to near and your results of the Admissions Office at 703-2371433

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BISHOP O'CONNELL HIGH SCHOOL

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O'CONNELL

You're in! And You're in the Right Place!

The smallest class sizes in our area.

The biggest opportunities for academics, athletics and the arts.

A 63-year tradition of excellence in Catholic education.

What's Next?



Share your success by posting your "I've been Knighted!" selfie on social media with the hashtag #wearedio.

Pve Been Knighten

Show Your Pride

You can purchase school apparel from beanies to pajamas on our digital school store.

bishopoconnell.org/store



Register

Reserve your spot in the Class of 2024 through our admissions portal.

Starting February 27

Select Your Courses

Once your registration is complete, parents will receive an email with instructions for course selection.

Come to Your "First Knight"

Parents and registered students join together in celebration. Meet your classmates and receive a printout of your course requests.

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Meet Your Classmates

O'CONNEL

Join us for the 8th grade dance, a tradition sponsored by our senior class.

Friday, March 20 from 7-10 p.m.







USED BOOK SALE Saturday, July 11

Save money on your textbooks by shopping at the PTO sponsored sale.



WELCOME MASS Sunday, March 1 at 11 a.m.

Join us as we celebrate Mass especially for our new families.



Welcome **New Parents!**

Please mark your calendars for these important parent orientation sessions.

Orientation Part 1: CHARGE UP

Wednesday, April 22 at 9:30 a.m. and 7 p.m. Tuesday, April 28 at 9:30 a.m. and 7 p.m.

Topics include the course selection process, books and uniforms. These sessions also include information and hands-on help for logging in to the MyDJO Parent Portal.

Orientation Part 2: NUTS AND BOLTS

Thursday, June 18 at 9:30 a.m. and 7 p.m. Wednesday, June 24 at 9:30 a.m. and 7 p.m.

Topics include student services and activities, Campus Ministry, Christian service, summer assignments and sports.

Orientation Part 3: WHAT TO EXPECT

Thursday, August 6 at 9:30 a.m. and 7 p.m. Wednesday, August 12 at 9:30 a.m. and 7 p.m.

Topics include opening week schedule, school rules, "A Day in the Life," bell schedules and more.

Orientation Part 4: PLAY LIKE A CHAMPION TODAY

Tuesday, September 1 at 7 p.m.

This is a required session for parents of students who plan to participate in any sport during any season. Bishop O'Connell partners with the University of Notre Dame in this program that promotes athletics as a ministry.





NEW FAMILY COOKOUT Saturday, August 29

All freshmen and transfer students and their families are invited! Make new friends and enjoy a football scrimmage.



FIRST DAY OF SCHOOL Monday, August 31, 2020

Class of 2024



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TECHNOLOGY AND CLUBS AND ACTIVITIES

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THE ACADEMIC DAY AND ACADEMIC PROGRAMS

THE BASICS AND THE UNIFORN

MARK YOUR CALENDAR





USED BOOK SALE Saturday, July 11

Save money on your textbooks shopping at the PTO sponsored





FIRST DAY OF SCHO Monday, August 31, 202

Class of 2024

THE BASICS

Information to Make Your Transition Go Smoothly

Drop-Off and Pickup

The school building opens at 7 a.m. Cars form two lanes in front of the school, entering the main driveway from Underwood Street and exiting on Trinidad Street. Faculty members are in the driveway to direct traffic, and drivers are urged to move as far up as possible, as directed. Please be aware of other students entering and exiting vehicles as you drop off and pickup your own students.

School Bus and Public Transportation

The school operates a bus service for a fee from areas of Virginia and Maryland. In addition, a free shuttle service is available from the East Falls Church Metro in the morning.

Carpooling

To save money and time, many families choose the option of carpooling. Families interested in connecting with others in their area may submit a "Carpool Interest Form," which is available in the New Parent Resource section of the school website (bishopoconnell.org/welcome).

Parking

Visitor parking is available in the front of the school by the flag pole. All student drivers are required to display a parking sticker, which can be purchased from the Office of Student Life for \$35 (\$40 for seniors). Numbered spots are reserved for faculty and staff. A section of the school's parking lot is reserved for seniors only.

ID Cards

Students are issued ID cards during their first week of school. These cards are used to "swipe in or out" for attendance purposes. They are also used for the school's meal plans.

Food Service

A large variety of breakfast and lunch items are available for purchase. The cafeteria offers a cashless system with a meal plan as well as an a la carte debit program.

Health Clinic

The school's health clinic is staffed with a registered nurse who can treat minor injuries and illnesses and act as a health resource. Students are not permitted to carry medication at school (except with a note

from a physician, as deemed necessary). All other medications, including over the counter drugs, must be dispensed by the clinic staff. All health forms are submitted online through our secure health portal, Magnus, accessed through the MyDJO Parent Portal.

School Store

The school store, located just inside the cafeteria, stocks gym uniforms, the uniform pullover, limited school supplies, combination locks for lockers, and spirit gear.

Textbooks

Once a student receives his or her list of courses, books may be purchased through our textbook vendor, MBS Direct, or at the PTO-sponsored Used Book Sale held in July. A list of required books for each course is posted with the online Course Catalog list (bishopoconnell.org/catalog) or through our official textbook vendor, MBS, in early July (bishopoconnell.org/books).

Lockers

Lockers are assigned during the first week of school in Advisory. Students are required to purchase combination locks from the school store for both their hallway locker and their P.E. locker.

After-School Supervision

Students participate in a wide variety of faculty moderated after-school activities. The library and the cafeteria are open until 4 p.m. After 4 p.m., students must be with an adult coach, moderator or teacher, or in a designated study room.

Weekly Parent Communications

Every Friday, the school sends a Friday Blitz to the email addresses provided to the school by parents and guardians. This is a weekly communication which includes important school information and updates. Please review it each week.

School Closings/Delayed Openings

Bishop O'Connell follows Fairfax County Public School weather-related closings and delayed opening decisions (fcps.edu).

THE UNIFORM

A school dress code provides a standard for students that fosters an environment conducive to learning and respectful behavior. The dress code at Bishop O'Connell High School encourages neatness and good order among the students, measures self-discipline and instills school and personal pride.



Fall/Spring Uniform All students start the school year in the fall/spring uniform.

	BOYS	
PANTS	Uniform gray pants*	
KILT	N/A	
SHIRT	Uniform navy polo with Bishop O'Connell logo, neatly tucked in*	ι
	Solid white or light blue, short or long-sleeved oxford shirt (tucked in) ^w	
SOCKS AND TIGHTS	White socks or neutral solid color dress socks	,
BELT	Solid black or brown	
SHOES	Solid brown or black dress-type shoe Sperry Topsider or dressier	
PULL OVER (Optional)	Uniform navy pullover sweater**	
TIE	School tie (blue striped tie)**	
VEST	Blue O'Co (Students must wear eit	

*Purchased at Flynn O'Hara only **Purchased from the school store *Winter only (shaded items)

Important Details

Complete uniform requirements can be found at bishopoconnell.org/uniform. Uniform parts should be purchased for proper fit.

- Kilts must bear the O'Connell logo on the hem. They are designed for the hem to rest at the top of the knees. Kilts should not be modified (rolled or hemmed) in any way.
- Students may wear a plain white t-shirt under their shirts, if they prefer. The t-shirt must not be visible anywhere except at the neckline.

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Winter Uniform Students begin wearing the winter uniform on November 1.

GIRLS

Uniform gray pants (optional)*

Uniform gray plaid kilt*

Uniform navy polo with Bishop O'Connell logo*

Solid white or light blue, short or long-sleeved oxford shirt (tucked in)^w

Uniform white crew socks or navy/gray knee socks with O'Connell logo* As an alternative, navy or black opaque tights may be worn (without socks)

Solid black or brown (with pants only)

Solid brown or black dress-type shoe Sperry Topsider or dressier

Uniform navy pullover sweater**

N/A

ell sweater vest.** r the vest or the pullover sweater.)

Official Uniform Vendor

Flynn O'Hara Uniforms, Inc. Fair City Mall 9650-19 Main Street Fairfax, VA 22031 Phone: 800-441-4122 flynnohara.com

The Bishop O'Connell school code is VA-252.





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Save money on your t shopping at the PTO sp





FIRST DAY OF Monday, August

Class of 20

THE ACADEMIC DAY

Daily Schedules at O'Connell

Student Schedules

Student requests, testing data, and grades from the previous year are used to create a specific class schedule for each student. School counselors can assist with course selection if needed. In subsequent years, students will plan course requests with their counselor.

Bell Schedules

The regular school day begins at 7:45 a.m. and ends at 2:55 p.m.

There are two schedule formats: Anchor Days and Block Days. Most weeks include three Anchor Days and two Block Days.

On Anchor Days, students attend all seven classes with a period length of 43 minutes. On Block Days, students attend 85 minute periods. One Block Day is called a B1 Day, and students attend periods 1, 3, 5 and 7. The other Block Day is called a B2 Day, and students attend periods 2, 4 and 6. B2 Days have a fourth block designated for student gatherings. Sometimes this block is an AM Block—meaning that it occurs in the morning, after second period. The AM Block is often used for Mass and other school-wide assemblies. The PM Block is scheduled after sixth period and is often used for pep rallies or early student dismissals for faculty professional development sessions.

Knight Time

On Anchor Days, in addition to their class periods, students have "Knight Time." This flexible instructional time is set aside for learning beyond the classroom setting. Students may use the time for research, collaboration, teacher meetings or working on assignments. Grade level programs such as Theology of the Body and senior college seminars take place during Knight Time as important extensions of the curriculum. Students learn strategies for managing their Knight Time in the first weeks of school.

Advisory

Each day opens with a short Advisory period, set aside for opening prayer and announcements, information, mentoring and personal preparation for the day's classes.

Curriculum Design—Our Catholic Guiding Principles

The curriculum at Bishop O'Connell is designed to be skills-based and studentcentered. A core set of guiding principles ensure that the school's Catholic identity is experienced and understood across the curriculum. The dignity of the human person is the guiding principle interwoven into each segment of the freshman and first year curriculum planning. In the next year, students move to a focus on living as a community. In junior and senior year, faith as a guide for personal decisions and taking faith out into the world are the principles which permeate each subject area that students encounter. A general immersion into the "culture of encounter" envisioned by Pope Francis unifies the diverse elements of study into personal wisdom which can serve as a firm foundation or mature and meaningful adult decisions.

ACADEMIC PROGRAMS

Student-Centered Learning

All courses are college preparatory with a wide range of options designed to match the interests, needs and abilities of each student. Students are expected to be fully engaged in the course content and educational experiences provided in their classes. Religion classes are an integral component of the curriculum at each grade level. Work beyond the classroom is considered a core element of the learning process.

Advanced Placement (AP) Courses

O'Connell students have the opportunity to schedule advanced placement classes in a wide range of subjects leading to 29 AP tests. Students taking these college classes at the high school level are able to earn college credit or qualify for placement in advanced college classes through their scores on the AP tests. AP course offerings include: Art History, Biology, Calculus AB and BC, Chemistry, Comparative Political Systems, Computer Science, Computer Science Principles, Drawing, English Language and Composition, English Literature, Environmental Science, French Language, Human Geography, Latin, Economics, Modern European History, Music Theory, Physics 1 and 2, Physics C, Psychology, Spanish Language, Spanish Literature, Statistics, U.S. Government, and U. S. History.

STEM

Science, Technology, Engineering and Math offerings at Bishop O'Connell include the AP courses listed above and additional courses such as multivariate calculus, linear algebra, and college math topics, anatomy, physics and ecology, cybersecurity and HTML. Three engineering courses are offered as a part of the school's Project Lead the Way (PLTW) engineering curriculum. Students enrolled in these engineering classes experience hands-on lessons using real-world problems, supported by state-of-the-art CAD systems installed on classroom laptop computers.

Dual Credit and Dual Enrollment

Bishop O'Connell works in partnership with Marymount University, our local four-year Catholic university, to provide opportunities for participating O'Connell students to earn college credit for courses such as statistics or fourth year honors language taken here at O'Connell. O'Connell students may also enroll in courses offered at Marymount during the school year or in the summer session **(bishopoconnell.org/dual)**.

Global Studies Certificate Program

This optional program is centered on student-selected beyond-the-classroom learning experiences focused on themes of world importance in our time. Participants receive a certificate upon graduation which indicates the completion of a set of non-GPA units in global studies, the equivalent of a ninth semester of academic work (bishopoconnell.org/global).

Muller Academic Services

O'Connell students with documented learning disabilities may enroll in the Muller Center. This program assists students in meeting the demands of a college preparatory curriculum by developing good study and organizational skills while providing an environment that allows students to explore their learning styles. Students become effective self-advocates for their learning choices.

Inclusion Through Expanded Services

Bishop O'Connell offers expanded services so that students with intellectual or cognitive disabilities can have access to a Catholic education in an inclusive high school environment. Peer mentors assist in all classes, enabling students to grow academically, socially and spiritually alongside their peers.

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FIRST DA Monday,

An Education Rooted in the Life of Christ

The Catholic identity of Bishop O'Connell has both educational and formational elements. Campus Ministry provides opportunities for students to practice their faith and enter more deeply into a personal, prayerful relationship with God. The school community is blessed to have the services of a full-time priest as chaplain and the Sisters, Servants of the Immaculate Heart of Mary (IHM) as members of our faculty and administration. In addition to Mass and assemblies with religious themes, some of the opportunities offered to students include confessions, pastoral counseling, class and team retreats, the chapel lounge and prayerful support of families as needed.

School Masses

Mass is celebrated by the whole school community on important feast days and for special occasions throughout the school year. Parents and family members are welcome to join us.

Daily Mass

Mass is offered daily at 7 a.m. and during Knight Time in the student chapel. First Friday Mass is held in the student chapel on the first Friday of each month. Following Mass, a light breakfast of pastries, coffee, hot chocolate and juice is served in the chapel lounge. Parents and family members are welcome to join us.

Christian Service Program

Each year, every student is expected to perform service for the local, national or global community. Approved service activities and guidelines for each grade level are outlined at bishopoconnell.org/christianservice. Group activities are organized by the Christian Service Office each year, including several mission trips.

Class Retreats

Students are required to attend a retreat each year. Retreats are designed to give students the opportunity to examine and strengthen their faith and relationship with Jesus Christ. Freshmen attend an on-campus day of reflection. As sophomores, students participate in a class-wide day of service. Off-campus retreats are organized for members of the junior and senior classes, with seniors having several options for an overnight retreat.

Adoration

Adoration of the Blessed Sacrament occurs four to five times for each grade level throughout the year. Parents are welcome to join us.

Optional Retreats

O'Connell offers several optional and meaningful retreat opportunities for students looking to further build their relationship with Jesus. including twice yearly Desales Service Works in Camden, New Jersey, and Kairos retreats at Camp St. Charles in Maryland, as well as our summer trip to the Steubenville Conference in Pennsylvania (which is open to rising 9th graders as well).

Chapel Lounge (Café Vaticano)

The chapel lounge is staffed by Campus Ministry and is open to students during their lunch period for food and fellowship.

Confessions

The Chaplain is available for confessions during Knight Time, by request, and during scheduled chapel visits with religion classes.

Sacrament Preparation

Students who have not yet received the sacraments of Baptism, First Communion, or Confirmation are invited to meet with the chaplain to begin the process of reception of the sacraments.



Campus Ministry Office

703-237-1441 ministry@bishopoconnell.org

STUDENT SERVICES

Counseling and Mentorship at O'Connell

School Counselors

Every student is assigned a professional school counselor who is available throughout the school day to assist the student with social, emotional, spiritual and academic support, as well as to guide students through a comprehensive college readiness program. Students are assigned a counselor for 9th and 10th grade, and then receive a new counselor in 11th and 12th grade. For the 9th and 10th grade years, the focus of the counselor is to assist students in making a successful transition into high school and to assist in creating a foundation for college readiness. In 11th and 12th grades, the focus of the counselor is on students' transitions out of high school. These counselors assist and guide students with making appropriate post-secondary plans.

The counseling staff fosters one-on-one counseling relationships with each student grounded in trust and confidentiality. Small group counseling and classroom guidance are also part of the counseling program. Students receive a welcome from their counselors once they become O'Connell students and are introduced to their counselors during orientation.

Knight to Knight Mentoring Program (K2K)

This program provides support to freshman students during their transition to high school. Mentors are trained on topics such as school traditions, following rules, making friends, goal setting, respect, and social media, and work with students in small groups during Knight Time.

Leaders in Networking Knights (LINK)

This program supports transfer students as they adjust to Bishop O'Connell both academically and socially. Every transfer student is paired up with a mentor based on similar interests. The mentor functions as a resource for questions and networking. Transfer students and mentors are invited to special LINK Program social events throughout the year. such as the fall ice cream social.

College Readiness

Students will engage in the college readiness program beginning in 9th grade. Over their four years at O'Connell, students will participate in gradelevel appropriate college and career counseling and learn skills to prepare them to successfully matriculate at a four-year university.

Social/Emotional Counseling and Programming

Teens face unique and diverse challenges and they may seek a counselor for social and emotional support relating to issues that include transitioning to high school and being happy, crises, concerns with family, friends and teachers, peer pressure and healthy decisions. In addition to one-on-one counseling, our counselors develop and implement classroom lessons and school-wide programming on topics relevant to the social and emotional growth of students. The counseling staff also offers regular parent coffees and information nights on a broad set of mental health topics.



Counseling Office 703-237-1460 counseling@bishopoconnell.org



OUR CATHOLIC IDENTITY AND STUDENT SERVICES

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TECHNOLOGY

Tools for 21st Century Learning

Bring Your Own Device (BYOD)

In order to facilitate the collaborative use of technology into each student's learning experience, all students are required to bring a personal computing device to school every day. These devices are to be used as directed by their teachers during class time, as well as for study purposes before and after school. More information and technical requirements can be found at bishopoconnell.org/BYOD.

Web-Based Access to Classroom Information and More

MyDJO is a web-based portal that provides access to classroom assignments, resources, discussions, and a unified calendar of classroom and school events. The portal also has important links to school forms and online resources for our families. Parents and students will receive their MyDJO login credentials before the beginning of summer by email.

PowerSchool Is Bishop O'Connell's Student Information System (SIS).

Parents and students can use the web-based portal and mobile app to view grades, teacher comments and attendance history. Families will also start the course registration process by choosing courses through the PowerSchool portal. Parents will receive information through email to register for a PowerSchool parent portal account by email within three business days after they have completed the contract acceptance process. Students receive their PowerSchool login credentials during the first few days of class.

IT Support

Students can get assistance with their devices, password resets and more by visiting the Walsh Student Technology Center anytime from 7:25 a.m. to 3:45 p.m. Students who are having issues with their devices or who have forgotten their device can borrow a laptop or Chromebook for the day at the Walsh Center, subject to availability.

Parents can get help accessing the MyDJO and PowerSchool portals by contacting support@bishopoconnell.org. IT support is available every school day and during limited hours on weekends.

Green IT

Bishop O'Connell is committed to becoming a Green IT school. As part of this commitment, we are reducing printing and using electronic communications and documents whenever possible. It is very important, therefore, that every parent makes sure that the school has their most current, valid email address. Parents can update their contact information at any time by logging in to the MyDJO parent portal and updating their profile information, or by contacting registrar@bishopoconnell.org.







CLUBS AND ACTIVITIES

Academic Honor Societies

French Honor Society
German Honor Society
Latin Honor Society/Latin Club
Mu Alpha Theta (Math NHS)
National English Honor Society
National Honor Society
Rho Kappa (Social Studies NHS)
Science Honor Society
Spanish Honor Society
Tri-M (Music Honor Society)

Service and Leadership **Organizations**

Adoption Awareness Club Alliance for Anxiety & Stress Club Athletic Training Student Aides **Best Buddies** Blood Donors Club Ecology Club **Endangered Species Protection Club** Haiti Action Committee Interact Club Keyettes Knights for Peace Club Library Club Medical Missionaries Minds Matter OZone Leadership Club Ronald McDonald House

SADD (Students Against Destructive Decisions) Spanish Tutoring Society Student Council (SCA) **Teens Against Cancer** Unity Council Water for Others Young Democrats Young Men's Executive Club Young Republicans

Young Women's Executive Club

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Activities Office 703-538-3301 activities@bishopoconnell.org

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ATHLETICS AND COMMUNITY EVENTS

TECHNOLOGY AND CLUBS AND ACTIVITIES

Chamber Orchestra Club DJO Saxophone Ensemble **DJO String Quartet** Drama Club Guitar Club

Knight Line/Drum Line		
Praise Band		
Ukulele Club		

Growing Your Faith

Altar Society
FIAT Club

Fine Arts

Flute Club

FIAT Club

Art Club

Praise	Band

Pro-Life Club/Knights for Life	
School of Community	

Societus Militum Christi

Language and Culture Clubs

Business and Computer Club		
Latin Dance Club		
Hispanic Heritage Club		
Italian American Club		
German Club		
French Club		
Asian American Student Association		
African American Heritage and Culture Club		

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Cyber Knights
Computer Game Design
Gaming Club
Stock and Finance Club
VEX EDR Robotics Club
Vinteo Club

Academic Clubs and Activities

ACS Chemistry Club		
Engineering Club		
It's Academic		
Largesse (Literary Magazine)		
Math Club		
Model United Nations		
Model Virginia General Assembly		
O'Connell Historical Society		
Pagemasters Book Club		
Physics Club		
The Shield (Yearbook)		
Solid Rocket Boosters Club		
The Visor (School Newspaper)		

Interest Clubs

Anime Club
Automotive Club
BBQ Club
Chess Club
Croquet Club
Disney Film Club
Dungeons and Dragons
Fashion Club
Fungo Golf Club
Golf, Coed
Holy Yoga
Knight Life (Step Team)
Knitting Club
O'Connell Minds Matter Club
O'Connell Outdoor Club
Photography Club
Ping Pong Club
Save the Ocean Club
Sub Club
Tomatosphere Club
Ultimate Frisbee

Find out more about a club or to start a new club, visit the Activities Office inside the cafeteria.



ATHLETICS

Fostering the Pursuit of Excellence in the Whole Person

In line with the mission of the school-to provide students an education rooted in the life of Christ and to foster the pursuit of excellence in the whole person-the Bishop O'Connell athletics program seeks to use the virtues of fortitude, teamwork and athletic excellence as a means of drawing students to a personal relationship with Christ, a spirit of service to others, and to develop the habits of mind and body which lead to continued success.

FALL SEASON					
Tryouts start on August 12, 2020, for all fall sports, except football which begins earlier.					
FOOTBALL	Varsity, JV, Frosh	football@bishopoconnell.org			
BOYS SOCCER	Varsity, JV	boyssoccer@bishopoconnell.org			
GIRLS SOCCER	Varsity, JV	girlssoccer@bishopoconnell.org			
GIRLS VOLLEYBALL	Varsity, JV	volleyball@bishopoconnell.org			
BOYS & GIRLS CREW	Varsity, Novice	crew@bishopoconnell.org			
BOYS & GIRLS CROSS COUNTRY	Varsity	crosscountry@bishopoconnell.org			
GIRLS TENNIS	Varsity	tennis@bishopoconnell.org			
FIELD HOCKEY	Varsity, JV	fieldhockey@bishopoconnell.org			
CHEERLEADING	Varsity, JV	cheerleading@bishopoconnell.org			
ROYALETTE DANCE TEAM	Varsity	dance@bishopoconnell.org			
WINTER SEASON					
Tryouts start on November 8, 2020, for all winter sports, except ice hockey which begins earlier.					
BOYS BASKETBALL	Varsity, JV, Frosh	boysbasketball@bishopoconnell.org			
GIRLS BASKETBALL	Varsity, JV, Frosh	girlsbasketball@bishopoconnell.org			
BOYS & GIRLS SWIM & DIVE	Varsity	swimanddive@bishopoconnell.org			
WRESTLING	Varsity	wrestling@bishopoconnell.org			
ICE HOCKEY	Varsity, JV, Frosh	icehockey@bishopoconnell.org			
CHEERLEADING	Varsity, JV	cheerleading@bishopoconnell.org			
ROYALETTE DANCE TEAM	Varsity	dance@bishopoconnell.org			
	SPRING SEASO	N			
Tryou	ts start on February 2	1, 2021.			
BASEBALL	Varsity, JV	baseball@bishopoconnell.org			
SOFTBALL	Varsity, JV	softball@bishopoconnell.org			
BOYS & GIRLS TRACK & FIELD	Varsity, JV	trackandfield@bishopoconnell.org			
BOYS & GIRLS CREW	Varsity, Novice	crew@bishopoconnell.org			
BOYS LACROSSE	Varsity, JV	boyslacrosse@bishopoconnell.org			
GIRLS LACROSSE	Varsity, JV	girlslacrosse@bishopoconnell.org			
BOYS TENNIS	Varsity	tennis@bishopoconnell.org			
GOLF	Varsity	golf@bishopoconnell.org			
SAILING	Varsity	sailing@bishopoconnell.org			
We are DIO!					

We are DJO!

Students in all grades are encouraged to cheer on our sports teams. We are DJO... Bishop Denis J. Q'Connell

O'CONNELL COMMUNITY EVENTS

Significant Occasions in Our School Life

Welcome Back Dance

Not long after the first week of school, the SCA (Student Council) hosts an informal dance for students of all grade levels.

Catholic Charities Soup Drive and Living Rosary

Since 1975, the Bishop O'Connell community has stocked the shelves of Christ House with more than 350,000 cans of hearty soup for our area's most hungry. During a two-week period in the fall, advisories and grade levels compete to bring in the most cans to support these efforts. The week culminates in an outdoor living rosary, where the students pray for those who will benefit from this food drive.

Spirit Week and Homecoming

For one week in the fall, our students have special themed dress holidays that might include wacky combinations, school colors, and retro outfits. The student council sponsors special events throughout the week, capped off by a semi-formal dance that follows the traditional homecoming football game.

Theater Productions

Each fall and spring, the theater program stages a full scale production that involves student actors, singers and crew members. All students are invited to audition for parts in these exciting shows. But if you can't be a part of the cast, come be a part of the audience.

Home Games

In the fall, winter and spring, our athletic teams host home games in our gym and on our fields. Come cheer on the Knights, and yell "D-J-O!'

Concerts

Our talented vocal and instrumental ensembles host several concerts each year. The students involved in the piano and guitar classes also host showcase evenings throughout the year. Admission is free and everyone is invited to enjoy the sounds of O'Connell.

March for Life

As a part of our Catholic identity, a large number of students from Bishop O'Connell participate in the January March for Life in Washington, D.C. The school provides transportation, food and activities for our students to participate as a group.

Students interested in trying out for any team must file a parent permission form and required sports physical form through our online Magnus Health program.

Sports as a Ministry

Bishop O'Connell has partnered

with the University of Notre

Dame through the Play Like

a Champion Today program,

ministry to youth and families,

helping to build teams as moral communities, and supporting

character development, spiritual

growth, intrinsic motivation

parents are required to attend

a series of workshops held at

and responsible decision-

making. All coaches and

Bishop O'Connell.

promoting athletics as a

Many teams run voluntary off-season workouts. Contact the team coach for more information.

Students and parents may sign up for alerts on the team web site to stay up to date on schedule changes.

ATHLETICS AND COMMUNITY EVENTS

Superdance

Superdance is a 12-hour dance marathon held annually at Bishop O'Connell High School to raise money to help find a cure for cystic fibrosis. The students of Bishop O'Connell have raised more than \$4 million since the dance was founded in 1975.

5K and Family Fun Run

Walkers and runners of all ages are invited to join in the fun at the annual 5K and Family Fun Run around the O'Connell neighborhood. Proceeds from this event benefit expanded services for students with cognitive and intellectual disabilities.

Festival of the Arts

Each May for one night, our school is transformed into an art gallery, a music and dance venue, and open-mic coffee house. You don't have to be enrolled in fine arts classes to be a part of this celebration of the arts.

Especially for Parents

Back to School Night

Parents have an opportunity to follow their children's schedules and hear about their daily routines and coursework from their teachers.

Coffee with the Counselors

Parents have the opportunity throughout the year to meet with members of the counseling department over coffee and discuss topics relevant to our students. Such topics include transitioning into high school, choosing the right college, and financial aid for college.

Annual Gala

The Annual Gala & Auction is the flagship fundraising event that brings parents, alumni and friends of O'Connell together in the spring for an elegant evening that includes silent and live auctions, dinner and dancing.

Connolly Golf Classic

Parents and alumni enjoy an afternoon of golf and good times each spring at the Connolly Golf Classic to benefit tuition assistance programs at Bishop O'Connell



PARENT INVOLVEMENT

How We Can Work Together

Advancement

The Advancement Office builds strong and lasting relationships with parents, engaging them as volunteers, leaders, ambassadors and financial supporters to strengthen and sustain the school's operation and growth. Because tuition and fees do not cover the entire cost of an O'Connell education, parents are encouraged to participate in the Knight Fund at any level to help bridge the tuition gap, which is approximately \$1,500 per student. Tax-deductible donations to the Knight Fund can be pledged and paid through FACTS over a ten-month period. The Advancement Office also hosts an annual gala and auction evening and a golf tournament which bring the alumni and parent community together for fellowship and fundraising. Parents are instrumental in all phases of these efforts, from planning to attending, and it's a wonderful way to share your talents and meet other parents.

PTO

The Parent-Teacher Organization (PTO) directly supports the school through various events and activities throughout the school year. The success of the organization depends on the active participation of the school community. Parents are encouraged to find a way to share their time and talents. One of the most popular PTO events is the annual Used Book Sale, which needs a large number of parent volunteers. In addition, the PTO provides hospitality support for school events, hosts teacher appreciation lunches and a faculty Christmas breakfast, organizes family outreach programs, and plans the annual All Night Grad Party for the graduating class.

DJO Dads Club

The DJO Dads Club is an active arm of the PTO with monthly get-togethers for fellowship and planning events that focus on service to the school and youth engagement. All fathers and guardians are invited to join.

Spiritual Life

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Parents and family members are invited to attend all school Masses. In addition, the PTO's Spiritual Life Committee works with the chaplain's office to create an email group for those interested in praying for the intentions of the entire school community. All are invited to join the Moms UKnighted in Prayer group each Friday beginning at 7:30 a.m. for coffee, conversation and prayer.

Athletics Boosters

The O'Connell Athletics Boosters is a volunteer organization that supports all O'Connell athletes and promotes spirit not only for athletic teams but for our school as a whole. The Boosters are active throughout the year with various activities after school and at athletic and school events.

Fine Arts Boosters

The Fine Arts Boosters is the parent organization that supports all of the fine arts programs of Bishop O'Connell High School. The purpose of the Fine Arts Boosters is to foster the growth and development of each student musician, performer, artist and the entire art program. This is accomplished through assisting at events, chaperoning trips, organizing special programs, assisting with administrative tasks, fundraising, and most importantly, attending events.





Questions? Call or Email Our Offices for More Information.

Clinic clinic@bishopoconnell.org 703-237-1443

Drama Program ocplayers@bishopoconnell.org 703-237-1448

Expanded Services expandedservices@bishopoconnell.org 703-237-1400

Activities Office activities@bishopoconnell.org 703-538-3301

Admissions Office admissions@bishopoconnell.org 703-237-1433

Advancement Office advancement@bishopoconnell.org 703-237-1447

Athletics Office athletics@bishopoconnell.org 703-237-1457

Attendance Office attendance@bishopoconnell.org 703-237-1469

Campus Ministry ministry@bishopoconnell.org 703-237-1441

Christian Service Office service@bishopoconnell.org 703-538-3307

Counseling Office counseling@bishopoconnell.org 703-237-1460

Dean of Academics academics@bishopoconnell.org 703-237-1431

Food Service - Flik flik@bishopoconnell.org 703-237-1407

Muller Academic Support muller@bishopoconnell.org 703-237-1423

Music Program music@bishopoconnell.org 703-237-1462

ΡΤΟ pto@bishopoconnell.org

Walsh Center (IT Support) support@bishopoconnell.org

School Store store@bishopoconnell.org 703-237-1406

Student Life Office froque@bishopoconnell.org 703-237-1463

Tuition Payments tuition@bishopoconnell.org 703-237-1426

Transportation transportation@bishopoconnell.org 703-237-1469

Principal Carl Patton cpatton@bishopoconnell.org 703-237-1450



May I Help You? ¿Te puedo ayudar?

Call our Main Office 703-237-1400

Welcome to O'Connell!

We're excited for you to meet your classmates and teachers. This is the beginning of a journey of growth and discovery beginning your lifelong pursuit of learning, rooted in a tradition of service.

We're Here to Make This Easy.

Don't hesitate to reach out with any questions that we can answer to help with your registration. Just call the Admissions Office at 703-237-1433.



Our mission is to provide students with an education rooted in the life of Christ and to foster the pursuit of excellence in the whole person.

Founded by six local parishes in 1957, Bishop O'Connell High School was built to serve the rapidly growing suburban Catholic population in the Washington, D.C. area. The spiritual atmosphere at O'Connell is enriched by the presence of the Sisters, Servants of the Immaculate Heart of Mary, who have served our students and families since our doors opened.

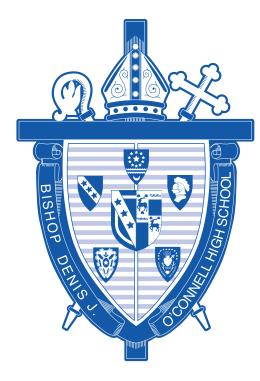
O'CONNELL TRADITIONS

Catch the O'Connell Spirit

The School Shield

The O'Connell shield is superimposed on a large cross topped by a bishop's mitre (representing a bishop's teaching authority) and backed by the bishop's crosier on the left (representing Christ, the Good Shepherd) and the cross (the chief symbol of the Catholic Faith).

The shield displays six crests, each significant to the past, present and future of Bishop O'Connell High School.



Bishop O'Connell High School

6600 Little Falls Road Arlington, Virginia 22213

bishopoconnell.org 703-237-1400



The Diocese of Arlington Coat of Arms

O'Connell has been an Arlington diocesan high school since the Diocese's inception in 1974. The Silver Bar across the middle is taken from the coat of arms of St. Thomas More, patron of the Diocese. The large star encircled by 10 smaller stars represents the state of Virginia, the 10th state admitted to the union. The Silver crescent below the silver bars honors the Blessed Virgin Mary, patroness of the Diocese of Arlington and the United States.



A Knight's Helmet with a Plume This represents the school's mascot.

The Sisters, Servants of the Immaculate Heart of Mary (IHM) Coat of Arms

The IHM Sisters have served the O'Connell community since 1957, living and working at the school.



The Brothers of the Christian Schools Coat of Arms

The Christian Brothers helped found O'Connell in 1957, before leaving in 1971 to fulfill other missions.



The Diocese of Richmond Coat of Arms

The Richmond Diocese is one of America's oldest and was O'Connell's home diocese from 1957 to 1974.



The Coat of Arms of Bishop Denis Joseph O'Connell (for whom the school is named)

The large crest in the center is the Denis J. O'Connell (1849-1927) coat of arms which represents the Richmond Diocese on the left and the O'Connell family crest on the right.

School Fight Song

O'Connell High, we're loyal. O'Connell High, we're true. O'Connell High, we love you, and your colors gray and blue. Fight! Fight! Fight!

School Mascot

We are the KNIGHTS

O'Connell High, we love you. Everyone knows we do. And we'll Fight, Fight, Fight, With all our might, O'Connell High for you!

School Colors Royal Blue and Silver Gray





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Ve Been Knightedl

You've Been Accepted at Bishop 0°Connell High School. We Are So Excited!

Now, here's your chance to share the good news with your friends and family.

Step 1: Take your photo holding your "I've been Knighted" banner.

Step 2: Post it on social media with the hashtag

We have a set of the set of the

Welcome to O'Connell



Bishop O'Connell High School Where Tradition Transforms 6600 Little Falls Road Arlington, Virginia 22213 bishopoconnell.org





Bishop O'Connell High School

Where Tradition Transforms

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You've Been Knighted!